

Other charities and organisations that support siblings and bereaved young people

Child Bereavement UK

Supporting families when a child grieves or when a child dies

0800 02 888 40

Helpline open 9am – 4pm, Mon – Fri

helpline@childbereavementuk.org

Winston's Wish

Supporting bereaved children, young people and their families

08088 020 021

Helpline open 8am to 8pm, Mon – Fri

ask@winstonswish.org

Sibling Support

Helping young people who have experienced the death of a sibling

0800 1026175

Helpline open 9am – 4.30pm, Mon – Fri

hello@siblingsupport.co.uk

SANDS

Supporting bereaved families

0808 164 3332

Helpline open 9am – 4pm, Mon – Fri

helpline@sands.org.uk