



zephyr's

Counselling PLACEMENTS

Information and Support
for counselling placement students

zephyr's *Counselling*

PLACEMENTS

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“ My placement with Zephyr's was an amazing experience and an incredible opportunity.

What I love about Zephyr's is that they are very person-centred for counsellors and clients. Their openness to flexibility and finding solutions that work for both client and counsellor is so unique.

Zephyr's were great at offering me the support that I needed throughout my placement; from both practical and professional spaces. Nothing was 'too much' for me to discuss and I felt very welcomed into the Zephyr's family.

My placement at Zephyr's helped me build a strong foundation for my current practice, for which I'm really grateful for “

Manisha, previous student placement counsellor



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[www.zephyrs.org.uk/
get-involved/counsellingplacements](http://www.zephyrs.org.uk/get-involved/counsellingplacements)

Zephyr's is pleased to be welcoming placement students to our team to help support bereaved parents, grandparents and people touched by pregnancy loss or the death of a baby or child.

Working in this area, requires deep sensitivity, skill and care – care for those we support, as well as for ourselves – please have a read about our Student Placement opportunities.

Find out how Zephyr's counselling service works, what support and experience you can expect, as well as what we'd hope you'd bring too...

If you feel drawn to this work, we'd love to hear from you, visit our website and register your interest.



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About Zephyr's Counselling Service:

Zephyr's offers specialist bereavement counselling for those touched by pregnancy loss or the death of a baby or child.

Our counselling service offers:

- * 12 free sessions, weekly or fortnightly**
- * Counselling in person or online**
- * Specific pregnancy after loss support**
 - * Individual or couple sessions**
 - * Self and staff referrals**
- * Free access to this support for all.**

Our counselling support sits alongside a program of monthly group activities, such as yoga, woodwork and walks - we encourage people to find their own way through the support that suits them best.

What you can expect:

Joining our special charity is like becoming part of our "family"; self-care and care for each other runs through all that we do.

Our placement students are given:

- * A named contact to turn to for support**
 - * Peer supervision**
 - * Training and learning opportunities**
- * Careful and considerate client matching**
 - * Support from our Zephyr's handbook**
- * Use of our welcoming counselling room**
 - * Connection with our wider team**
 - * Reflective conversation and ending**
 - * Continued support from Sarah our Therapy Service Lead and Carly our CEO**

What Zephyr's is looking for:

We'd welcome those joining us to bring :

- * **A passion for bereavement support**
 - * **Sensitivity and care**
 - * **An understanding of grief**
 - * **Willingness to learn**
 - * **A strong belief in self care**
- * **An openness to asking for help if needed**
 - * **Experience of being part of a team**

Previous grief and bereavement work is welcomed, though not mandatory. We can talk about this, and offer learning opportunities if we all decide that your placement will be carried out with us, and if Zephyr's is the right fit for you.

NEXT STEPS

If you're interested in finding out more or applying to carry out your counselling placement with Zephyr's, please visit our website and complete **an Expression of Interest form.**

At seasonal intervals throughout the year we host informal introductory meetings over zoom; here you can get to know our charity and counselling service, ask any questions, and we can meet you.
We'd love to see you there!

**Successful Placement Applicants
will be expected to provide:
Contact details for 2 references,
Evidence of your right to work in the UK.
and we'll complete an Enhanced DBS Check**





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THANK YOU
for your interest in joining us

Please follow this link or visit our website
to complete an Expression of Interest form

[zephyrs.org.uk/get-involved](https://zephyrs.org.uk/get-involved/counsellingplacements)
[/counsellingplacements](https://zephyrs.org.uk/get-involved/counsellingplacements)

If you'd welcome more info,
you're welcome to reach out to
our Project Coordinator, Susie :
admin@zephyrsnottingham.org.uk



Zephyr's is a Registered Charity : 1199772